

MAY 2021 YEAR-AT-A-GLANCE

100'S OF SOCIAL MEDIA POST IDEAS FOR YOUR BRAND

DOG DAYS CONSULTING



May Month-At-A-Glance

Chip Your Pet Month
National Pet Month
National Service Dog Eye Examination Month
International Respect for Chickens Month
ALS Awareness Month
Better Hearing and Speech Month
Celiac Disease Awareness Month
Correct Your Posture Month
International Drum Month
Ehlers-Danlos Syndrome Awareness Month
National Asparagus Month
National Dental Care Awareness Month
National Stroke Awareness Month
National Military Appreciation Month
National Motorcycle Awareness Month
Sturge-Weber Syndrome Awareness
National Mental Health Awareness Month
National Wild Fire Awareness Month
National Brain Cancer and Brain Tumor
Awareness Month
Date Your Mate Month
National Foster Care Month
Older Americans Month
National Barbecue Month
National Bicycle Safety Month

May Month-At-A-Glance

National Blood Pressure Education Month

National Cystic Fibrosis Awareness Month

National Egg Month

National Get Caught Reading Month

National Hamburger Month

National Inventor's Month

National Lyme Disease Awareness Month

National Mediterranean Diet Month

National Photography Month

National Preservation Month

National Recommitment Month

National Salad Month

National Salsa Month

National Strawberry Month

Asian American and Pacific Islander Heritage
Month

National Water Safety Month

Melanoma Awareness Month

National Moving Month

Skin Cancer Awareness Month

May Week-At-A-Glance

American Craft Beer Week - May 17-23, 2021

Armed Forces Week - May 9-15, 2021 (Week prior to Armed Forces Day, the Third Sunday in May)

Arson Awareness Week - May 2-8, 2021 (First Full Week in May)

Be Kind to Animals Week - May 2-8, 2021 (First Full Week in May)

Bedbug Awareness Week - April 25 - May 1, 2021

Dating and Life Coach Recognition Week - May 2-8, 2021 (First Full Week in May)

Food Allergy Awareness Week - May 9-15, 2021

Frog Jumping Jubilee Day (Calaveras County, CA) - May 13-16, 2021

Healthy and Safe Swimming Week - May 24-30, 2021 (Week before Memorial Day Mon-Sun)

Hospital Week - Second Week of May

Kids Win Week - May 2-8, 2021 (First Full Week in May)

Medical Transcriptionist Week - May 16-22, 2021 (Third Week in May)

National African Violet Week - May 30 - June 6, 2021

May Week-At-A-Glance

National Alcohol & Other Drug-Related Birth Defects Week - May 2-8, 2021 (First Full Week in May)

National Anxiety & Depression Awareness Week - May 2-8, 2021

National Backyard Games Week - May 23-29, 2021 (Week before Memorial Day)

National Bike to Work Week - May 17-21, 2021 (Third M-F Week in May)

National Bike Week - Third week in May

National Charter Schools Week - May 10-16, 2020 (2021 TBA)

National Children's Book Week - May 3-9, 2021 and also November 9-15, 2020

National Children's Mental Health Week - May 2-8, 2021

National Etiquette Week - May 10-14, 2021 (Begins Second Monday of Full Week in May)

National Family Week - May 2-8, 2021 (First Full Week in May)

National Frozen Yogurt Week - Fourth week in May

National Hamburger Week - Second week in May

National Herb Week - May 2-8, 2021 (Week Prior to Mother's Day)

May Week-At-A-Glance

- National Heritage Breeds Week - May 16-22,
2021 (Third Full Week in May)
- National Historic Preservation Week - Second
Week in May
- National Hospital Week - May 9-15, 2021
(Second week in May)
- National Hurricane Preparedness Week - May
2-8, 2021 (First Full Week in May)
- National Neuropathy Awareness Week - May
3-9, 2021
- National New Friends, Old Friends - May 16-
22, 2021 (Third Week in May)
- National Nurses Week - May 6-12
- National Nursing Home Week - May 9-15,
2021 (Starts on Mother's Day to Following
Saturday)
- National Pet Week - May 2-8, 2021 (First Full
Week in May)
- National Police Week - May 9-15, 2021
(Second Full Week in May)
- National Postcard Week - May 2-8, 2021 (First
Full Week in May)
- National Raisin Week - May 2-8, 2021 (First
Full Week in May)
- National Safe Boating Week - May 22-28,
2021 (Week Before Memorial Day)

May Week-At-A-Glance

National Small Business Week - May 2-8,
2021

National Stuttering Awareness Week - May 9-
15, 2021 (Second Full Week in May)

National Sun Safety Week - May 3-9, 2021

National Tire Safety Week - May 23-29, 2021
(Starts Week before Memorial Day Weekend)

National Unicycle Week - May 16-22, 2021
(Begins on Third Sunday in May)

National Vegetarian Awareness Week - May
10-16, 2021

National Wildflower Week - May 3-9, 2021

National Women's Health Week - May 9-15,
2021

Older Americans Mental Health Week - May
23-28, 2021 (Last Full Week in May)

Peripheral Neuropathy Awareness Week -
May 3-9, 2021

Public Service Recognition Week - May 2-8,
2021 (First Full Week in May)

Puppy Mill Action Week - May 3-9, 2021
(Begins the Monday before Mother's Day)

Reading is Fun Week - May 9-15, 2021
(Second Full Week in May)

May Week-At-A-Glance

National Small Business Week - May 2-8,
2021

National Stuttering Awareness Week - May 9-
15, 2021 (Second Full Week in May)

National Sun Safety Week - May 3-9, 2021

National Tire Safety Week - May 23-29, 2021
(Starts Week before Memorial Day Weekend)

National Unicycle Week - May 16-22, 2021
(Begins on Third Sunday in May)

National Vegetarian Awareness Week - May
10-16, 2021

National Wildflower Week - May 3-9, 2021

National Women's Health Week - May 9-15,
2021

Older Americans Mental Health Week - May
23-28, 2021 (Last Full Week in May)

Peripheral Neuropathy Awareness Week -
May 3-9, 2021

Public Service Recognition Week - May 2-8,
2021 (First Full Week in May)

Puppy Mill Action Week - May 3-9, 2021
(Begins the Monday before Mother's Day)

Reading is Fun Week - May 9-15, 2021
(Second Full Week in May)

May Week-At-A-Glance

Salute to Moms 35+ Week - May 9-15, 2021
(Starts on Mother's Day)

Salvation Army Week - May 9-15, 2021
(Second Week in May)

Stewardship Week - April 25 - May 1, 2021
(Last Sunday in April to First Sunday in May)

Teacher Appreciation Week - May 3-7, 2021
(First Full M-F Week in May)

The Biggest Week in American Birding - May
6-10, 2021

Week of the Classroom Teacher - May 2-8,
2021 (First Full Week in May)

Work at Home Mom's Week - May 9-15, 2021

World Cocktail Week - May 6-13

World Dystonia Awareness Week - May 3-11

World Migratory Bird Day - May 8-9, 2021
(Second Weekend in May)

World Schizophrenia Awareness Week - May
12-18, 2021

May Day-At-A-Glance

May 1st

Batman Day

Bladder Cancer Awareness Day

Childhood Stroke Awareness Day

Executive Coaching Day

National Loyalty Day

May Day

National Mother Goose Day

National Chocolate Parfait Day

School Principals' Day

Save the Rhino Day

National Fitness Day – First Saturday in May

National Scrapbook Day – First Saturday in
May

National Homebrew Day – First Saturday in
May

Join Hands Day – First Saturday in May

National Bombshells' Day – First Saturday in
May

National Start Seeing Monarchs Day – First
Saturday in May

Free Comic Book Day – First Saturday in May

May Day-At-A-Glance

May 2nd

Baby Day

World Tuna Day

National Truffle Day

National Life Insurance Day

National Infertility Survival Day – Sunday
Before Mother's Day

National Lemonade Day – First Sunday in
May

World Laughter Day

May 3rd

National SAN Architect Day

National Lumpy Rug Day

National Garden Meditation Day

National Specially-Able Pets Day

National Two Different Colored Shoes Day

National Paranormal Day

National Chocolate Custard Day

National Raspberry Pop Over Day

National Textiles Day

National Montana Day

Melanoma Monday – First Monday in May

May Day-At-A-Glance

May 4th

International Respect for Chickens Day

National Star Wars Day

National Weather Observers Day

National Renewal Day

National Orange Juice Day

National Candied Orange Peel Day

Bird Day

National Foster Care Day – First Tuesday in
May

National Teacher Appreciation Day – Tuesday
of the First Full Week in May

May 5th

National Astronaut Day

National Cartoonists Day

National Silence the Shame Day

National Totally Chipotle Day

National Hoagie Day

Cinco de Mayo

National School Nurse Day – Wednesday of
National Nurses Week

National Skilled Trades Day – First
Wednesday in May*

May Day-At-A-Glance

May 6th

National Nurses Day

National Beverage Day

National Crepe Suzette Day

National Day of Prayer – First Thursday in
May

National Day of Reason – First Thursday in
May

World Password Day – First Thursday in May

May 7th

National Packaging Design Day

National Paste-Up Day

National Barrier Awareness Day

National Roast Leg of Lamb Day

National Military Spouse Appreciation Day –
Friday Before Mother's Day

National Provider Appreciation Day – Friday
Before Mother's Day

National Space Day – First Friday in May
School Lunch Hero Day – First Friday in May

May Day-At-A-Glance

May 8th

National Animal Disaster Preparedness Day

National Coconut Cream Pie Day

National Have A Coke Day

National Student Nurse Day

National Birth Mother's Day – Saturday before
Mother's Day

National Babysitter's Day – Saturday before
Mother's Day

National Dog Mom's Day – Second Saturday
in May

National Train Day – Saturday Closest to May
10

National Miniature Golf Day – Second
Saturday in May

Cornelia De Lange Syndrome Awareness Day
– Second Saturday in May

Stamp Out Hunger Food Drive Day – Second
Saturday in May

May 9th

International Migratory Bird Day

National Lost Sock Memorial Day

National Moscato Day

National Butterscotch Brownie Day

National Sleepover Day

Mother's Day – Second Sunday in May

May Day-At-A-Glance

May 10th

Mother's Day
National Clean Up Your Room Day
National Lipid Day
National Shrimp Day
National Washington Day
National Women's Checkup Day – Second
Monday in May

May 11th

National Eat What You Want Day
National Foam Rolling Day
National Twilight Zone Day

May 12th

National Limerick Day
National Odometer Day
National Nutty Fudge Day
National Fibromyalgia Awareness Day
National Receptionists' Day – Second
Wednesday in May
National Third Shift Workers Day – Second
Wednesday in May

Have you ordered your
June At-A-Glance
Calendar.
Order now!



May Day-At-A-Glance

May 13th

National Crouton Day
National Frog Jumping Day
National Apple Pie Day
National Fruit Cocktail Day

May 14th

National Decency Day
National Dance Like a Chicken Day
National Underground America Day
National Buttermilk Biscuit Day
National Endangered Species Day – 3rd
Friday in May
National Defense Transportation Day – Third
Friday in May
National Pizza Party Day – 3rd Friday in May
National Bike to Work Day – 3rd Friday in May
NASCAR Day – Third Friday in May

May 15th

Dinosaur Day
Peace Officers Memorial Day
National Chocolate Chip Day
National Nylon Stocking Day
International Kangaroo Awareness Day
National Armed Forces Day –3rd Saturday in May
National Learn to Swim Day – 3rd Saturday in
May

May Day-At-A-Glance

May 16th

Honor Our LGBT Elders Day
National Barbecue Day
National Do Something Good for Your
Neighbor Day
National Love a Tree Day
National Piercing Day
National Sea Monkey Day
National Biographer's Day
National Coquilles Saint Jacques Day
Take Your Parents To The Playground Day –
Third Sunday in May

May 17th

National Pack Rat Day
National Cherry Cobbler Day
National Graduation Tassel Day
National Walnut Day
National Idaho Day

May 18th

National HIV Vaccine Awareness Day
National Visit Your Relatives Day
National No Dirty Dishes Day
National Cheese Soufflé Day

May Day-At-A-Glance

May 19th

National May Ray Day

National Devil's Food Cake Day

Emergency Medical Services for Children

Day – Wednesday of Emergency Medical
Service Week

National Juice Slush Day – Third Wednesday
In May

May 20th

World Bee Day

National Be a Millionaire Day

National Pick Strawberries Day

National Rescue Dog Day

National Quiche Lorraine Day

May 21st

National American Red Cross Founder's Day

National Waitstaff Day

National Strawberries and Cream Day

National Memo Day

May Day-At-A-Glance

May 22nd

National Craft Distillery Day
World Paloma Day
National Maritime Day
National Solitaire Day
National Buy a Musical Instrument Day
National Vanilla Pudding Day
National Heritage Breeds Day (Saturday of
Full 3rd week of May)

May 23rd

National Lucky Penny Day
National Taffy Day
International Turtle Day

May 24th

National Aviation Maintenance Technician
Day
Brother's Day
National Scavenger Hunt Day
National Escargot Day
National Wyoming Day

May Day-At-A-Glance

May 25th

National Missing Children's Day

National Tap Dance Day

National Brown-Bag It Day

Towel Day

National Wine Day

May 26th

National Blueberry Cheesecake Day

National Paper Airplane Day

National Senior Health & Fitness Day – Last

Wednesday in May

May 27th

National Cellophane Tape Day

National Grape Popsicle Day

May 28th

National Brisket Day

National Hamburger Day

Slugs return to Capistrano Day

Whooping Crane Day

National Don't Fry Day – Friday Before

Memorial Day

National Road Trip Day – Friday Before

Memorial Day

National Cooler Day – Friday Before Memorial

Day

May Day-At-A-Glance

May 29th

National Paperclip Day
National Coq Au Vin Day
Pink Flamingo Day

May 30th

International Hug Your Cat Day
National Creativity Day
National Water a Flower Day
National Hole In My Bucket Day
National Mint Julep Day
Loomis Day
World Multiple Sclerosis Day

May 31st

Autonomous Vehicle Day
National Save Your Hearing Day
National Speak in Sentences Day
National Macaroon Day
National Utah Day
National Smile Day
Necrotizing Fasciitis Awareness Day
National Memorial Day – Last Monday in May



It's not too late!
Don't forget your
June At-A-Glance
Calendar.
Order now!

